



Preparing for Your Careers Interview

When you complete Year 11 you have a number of options:

- Continue into 6th form either at your own or another school or 6th form centre
- Attend a college of Further Education
- Undertake an Apprenticeship or other training
- Find a Job

You may already have ideas about what you want to do, but may need to think about:

- The subject you will study
- Different careers or work types that might interest you
- What is qualifications you might need
- How to find an apprenticeship

To help you to talk through any ideas you may have and plan your future you can speak to a **Personal Adviser** from **Connexions County Durham**. They are trained to provide Information, Advice and Guidance and they will be able to talk to you about the qualifications, courses and job opportunities that are available locally.

Careers Interviews

Each school in County Durham has a linked **Personal Adviser**, if you don't already know them ask your tutor or head of year about when they are in school and how to make an appointment.

Preparing for your Careers Interview

Before you meet with a personal Adviser you may want to:

- Think about what you would like to get from the interview
- Think about the types of careers that might interest you
- What subjects you might like to study
- Start to do some research, you can use these resources to help you:
 - The Connexions County Durham website www.help4teens.co.uk, this has lots of information about careers and opportunities in County Durham and is where you will find the Area Wide Prospectus: an online directory of all local post 16 opportunities.
 - School may have a careers programme called Kudos which will help you match your skills and interests to different careers.
 - If you want to find out more about apprenticeships visit www.apprenticeships.org.uk